

NARGIS DUTT MEMORIAL

CHARITABLE TRUST

1. Adult Literacy Classes

It had always been our trustee, Smt. Priya Dutt's dream to brighten the lives of deprived women. What started off as a dream is now a full fledged program that is dedicated towards brightening the lives of the less fortunate. **Since July 2009**, the *Nargis Dutt Memorial Charitable Trust*, has been opening doors and empowering women through its Adult Literacy Class.

The classes are conducted free of charge every Sunday between 5.30 pm to 7.30 pm at St. Theresa's School, Bandra. Free notebooks were donated to those who enrolled for the class. During the class, the students are taught English conversation and written English. Sufficient time is also dedicated towards reviewing the homework done. This initiative has helped to transform the lives of over 100 deprived individuals in Mumbai. Since its inception, the program has attracted approximately 100 students for its English Speaking class and over 30 students for Hindi Speaking class. To commemorate the success of the program and to bring about a feeling of oneness, a 2010 New Year's party was organized with various games followed by snacks. The event was enjoyed by one and all.

This initiative would not have been possible without the help of our volunteers Ms. Carmen Pereira, Ms. Risha H. D'souza and Ms. Bernadet Jacob who selflessly dedicate their time for the service of others. Our grateful thanks also extends to Fr. Jerome, Mrs. Irene and other staff members of UCDC (Urban Community Development Centre, a charitable trust at Bandra West) for their support and cooperation rendered. Without their efforts, this program would not have reached the heights it has now.



2. Platelet Donation Drive

Through Strife all things come into being...

Nothing reflects the thoughts of Nargis Dutt Memorial Charitable Trust more than these words. Nargis Dutt Memorial Charitable Trust came into being to bring relief to those who were in harm's way in whatever possible way. Cancer as a disease has always been closely associated with NDMCT.

Since platelets are the single most important element in the treatment of cancer, a dire need was felt at most of the city hospitals and in India. Recognizing this need, NDMCT organized a 'Platelet Donation Drive' in association with Tata Memorial Hospital, Parel, Mumbai. This campaign was a first of its kind in Mumbai as no attempts were earlier made by any organization/hospital to conduct one like this. It was a novel idea and NDMCT has successfully conducted five such Platelet Donation Camps across the city, since **November 2009**. NDMCT is proud to state that these various awareness drives attracted over 300 college students who willing come to Tata Memorial Hospital to donate platelets.

In the past, the NDMCT has worked in tandem with Tata Memorial Hospital in providing funds / medical equipments / medicines and in various other areas for the treatment of poor patients who cannot afford expensive treatment.





3. Donating Computer Lab at Apostolic Carmel High School

Children and Education have always been of central importance at the *Nargis Dutt Memorial Charitable Trust*. There was no better way of addressing the two than by setting up a computer lab for children.

On **14th Nov 2009**, Nargis Dutt Memorial Charitable Trust took the initiative of donating an entire computer lab and a projector to Apostolic Carmel High School, Bandra, Mumbai. The occasion was inaugurated by Smt. Priya Dutt, M.P and attended by the principal, teachers and children.

Computers are changing the face of modern India and this makes computer education extremely important. The twenty Pentium computers including monitors and keyboards that were donated were of the latest configuration and high speed. We believe the computer lab will go a long way in assisting the students in covering their vast syllabus and understanding computers. The projector, on the other hand, would greatly ease the teaching methodology and also facilitate the students to enhance their presentation skills during project submission. Thousands of students are likely to benefit from this contribution and Nargis Dutt Memorial Charitable Trust is very proud of this initiative.



4. Sponsorship of sports person Ms. Kalpana Sawant

Keeping up with the diversification of its activities, *Nargis Dutt Memorial Charitable Trust* stretched its arms and sponsored Ms. Kalpana Sawant in the Weight Lifting Competition at the Asian Bench Press Championships **2009**. It was a proud moment for NDMCT and as well as for India, when Ms. Kalpana Sawant stood first in the games. This only goes to show that a bit of support in the right direction, can go a long way to fulfill dreams and aspirations Ms. Kalpana Sawant will be participating in the forthcoming Common Wealth Games. We at NDMCT wish her the very best.



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कल्पना सावंत, 'रीप्यपदक' विजेतेकद
आशियाई बेंचप्रेस स्पर्धा, दि. १५ ते २१ ऑगस्ट २००९
-भास्किड - भारत.

← बेंचप्रेस करताना.



5. Recipe for Happy Parenting

We all have one thing in common and that's a 24 hour day...

It's how we use our time that makes the difference...

Looking at the unfortunate increase in the suicides rate by young children in the city, **The Indian Academy of Pediatrics** and **New Horizons Child Development Centre**, under the aegis of **Nargis Dutt Memorial Charitable Trust**, organized seminars for parents of children from STD VII – STD X. The seminar was held on **26th January, 2010** across 4 schools namely Chatur Bhuj High School (Vile Parle), Apostolic Carmel High School (Bandra West), Beacon High School (Khar) and Purushottam High School (Bandra East).

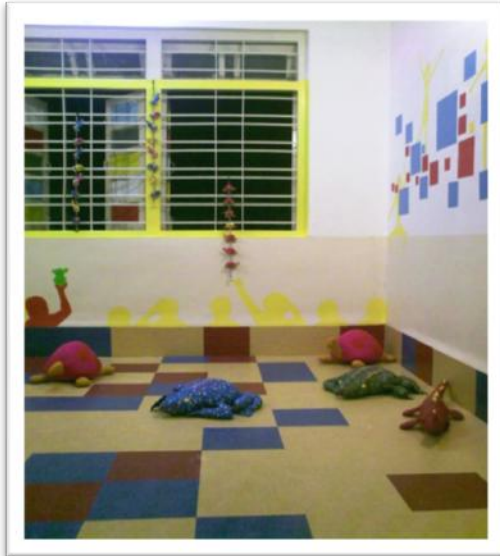
The seminars were focused on rediscovering the joys of parenting especially when the going gets tough. It focused on giving tips to parents to prepare their children for the ups and downs of life, as life is not always easy and fair. It also made parents aware of their children's behavioral pattern during their times of stress/ difficulties/depression. It was an eye opening experience for many a parent. NDMCT believes it made a difference to many lives through this seminar.



6. Renovating Balwadi at UCDC

Cheering up the lives of children has always been pivotal at the *Nargis Dutt Memorial Charitable Trust*. Thus when the opportunity came to adopt a crèche for underprivileged children and to refurbish it, NDMCT welcomed it with open arms. This initiative came alive on **February 2010** in association with UCDC (Urban Community Development Centre, a charitable trust at Bandra West), Indian Architect and Builder's Social Studio and with the help of corporate clients and students from the building industry.

The balwadi is specially designed to animate each child's imagination and to make learning entertaining and fun. Since the children are in the age group of 2 years to 5 years, the balwadi has a bright and well-ventilated interior with plenty of space for children to play.



7. FLY (Future Lies in our Youth)

To lose a child is painful. To lose a child to suicide is worse. Sensing the growing spate of suicides in the city and the concern it was generating in the society at large, **Nargis Dutt Memorial Charitable Trust** stepped in and organized a program called '*Future Lies in our Youth* (FLY)', which was an initiative by television star Mr. Manish Goel to bring about awareness among students and parents to curb suicides among the student community.

On **6th February, 2010**, the roads of Carter Road, Bandra, Mumbai all led to this grand event. School Children, College Students, Teachers, Professors all supported this event in full attendance. Prominent personalities like Dr. Rajkumar Hirani, Smt. Priya Dutt, MP and several other television stars also joined the event. The talk was directed towards enlightening students about the importance of their lives which should not be wasted. It stressed on the point that failure is not an end- all but a stepping stone to success. During this function a character called **LIFE** was unveiled to help motivate students.

To give life to this initiative, FLY drafted a petition and submitted it to the Education Department. The petition was signed by eminent personalities in the industry who attended the program. The petition states certain changes that need to be incorporated in our education system that will help to reduce stress level among students. NDMCT looks forward to a positive response from the government.





8. HOPE 2010

On 12th February 2010, Nargis Dutt Memorial Charitable Trust along with CANKIDS & Indian Cancer Society organized a joyride of activities for the pediatric cancer patients of Tata Memorial Hospital, Mumbai. The event named 'HOPE 2010' was attended by a battalion of celebrities. For many of the patients it was the first time they got a chance to interact with Bollywood stars and celebrities. Sunny Deol and Sunidhi Chauhan took off from their busy schedules and mingled and jingled with the cancer- afflicted children. They chatted with the children, sang with them, clicked photographs and signed autographs. This was followed by a puppet show and dance performance by the famous UGAM group. The highlight of the event for each child was the cute frame that each of them received with their personal photographs attached. Doubled as a bonus, came the sumptuous breakfast and lunch, which the children devoured. The event was a grand success as the wide smiles on the faces of the children summed up how they felt.



9. Bat for Education

On 1st and 2nd May 2010, *Nargis Dutt Memorial Charitable Trust* in association with *LSS (Lok Seva Sangam)* organized something special for the children and seniors of the L & M ward. Cricket being a religion in India, NDMCT thought it was only fitting to reach out to the mass by organizing a cricket tournament. The tournament was directed towards bringing awareness towards the importance of education. The winning team was enrolled for free computer classes. The tournament was a grand success and NDMCT achieved its objective. Simultaneously a free medical camp (Eye, Dental, ENT and General) by Kenia Hospital, (Santacruz) for senior citizens as well as the participants of the cricket tournament was also conducted. NDMCT was happy to reach out and touch the lives of our senior citizens.







10. Senior Citizens Helpline 1298

Our Elders are our treasure and the backbone of our society. Presently India has the 2nd largest population of Senior Citizens in the globe. As on 2009, Mumbai was home to approximately 1.5 million senior citizens who were over the age of 60 years. Sensing a need to protect and uplift the spirit of our senior citizens, on **10th May 2010**, the Nargis Dutt Memorial Charitable Trust launched '**1298 Senior Citizen Helpline**'. This helpline was launched by Chief Guest Ms. Asha Parekh in the presence of Guest of Honour Shri D. Shivnandan, Mrs. Priya Dutt, Honorable Member of Parliament and Ms. Sweta Mangal, CEO of 'Dial 1298 for Ambulance service'. The helpline is directed towards making our world elder friendly. It gives necessary guidance, information regarding Senior Citizen related issues like medical and legal.

There were many who contributed to the success of this helpline viz Ambulance Access for All, Silver Inning Foundation, Helpage India, ESCOM and Harmony for Silvers Foundation.





***** Thanks*****